



What is the Mental Health Consultation Activity Tracker?

Did you know?

Public funding in Illinois has resulted in substantial investments in Mental Health Consultation. As a result, Illinois has launched a new Consultant Activity Tracker to help stakeholders understand the scope of Infant/Early Childhood Mental Health Consultation across the State. This activity tracker will aggregate data to protect privacy and help early childhood programs, consultants, and state leaders to understand the impact of consultation in one centralized location.

As an early learning program, child and family connection's office, home visiting program what should I know?

- This is the only centralized statewide system where Mental Health Consultants can enter data.
- Mental Health Consultants that support early intervention, home visiting, Head Start, preschool can enter their data in one convenient location.
- HIPPA guidelines will be followed, as no personal identifying data is requested.
- Each individual will be able to run a report of their own quantitative data ONLY.
- At the state level, state leaders will only be able to see statewide aggregated data such as:
 - Number of hours of consultation provided
 - Types of consultation (programmatic, classroom, or individual/family)
 - Hours of training
 - Frequency of referrals to community resources

Consultants engage early childhood professionals, in every county across the state of Illinois. Consultants support emotional well-being; one relationship at a time.

Visit the [Gateways to Opportunity I/ECMHC Database](#) to find one in your community.

Governor's Office of Early
Childhood Development
GOV.OECD@illinois.gov

bit.ly/IL-IECMHC

Scan the QR code

- Open the camera app
- Focus the camera on the QR code by gently tapping the code
- Follow the instructions on the screen to complete the action



As an Infant/Early Childhood Mental Health Consultant what should I know about this activity tracker?

- This is the only centralized statewide system where Mental Health Consultants can enter data.
- Mental Health Consultants that support early intervention, home visiting, Head Start, and preschool programs can enter data in one convenient location.
- HIPPA guidelines will be followed, as no personal identifying data is required of children or staff.
- Aggregating data at the state level will help safeguard privacy.
- Collecting this quantitative data will support funding to strengthen Infant/Early Childhood Mental Health Consultation in Illinois.



What the Activity Tracker is:

A tool to tell the story of the work I/ECMHC's are doing throughout the State.



What the Activity Tracker is not:

Not punitive or to “call out” programs, not a detailed service record. Specific program data is not shared with DHS or DCFS.



Benefits of using the I/ECMHC Activity Tracker:

Consultant: Builds your portfolio and provides data that supports your reflection on your work.

Programs: Allows for usable data to record contact with consultant and reflect on growth and needs with each program served.

System: Provides raw numbers that justify ongoing funding, builds a space to hold numbers, types of consultations, and other data we've needed, moving beyond infrequent surveys to the field.

As Illinois continues to pave the way as a national leader in Infant/Early Childhood Mental Health Consultation, your support in data collection efforts is essential. Centralized data collection will help the State build professional development opportunities to enhance fidelity to the Illinois Model of Infant/Early Childhood Mental Health Consultation and engage in continuous quality improvement efforts. There is momentum of Infant/Early Childhood Mental Health Consultation, join efforts to strengthen and continue the professionalization of the field.

