



**Illinois
State Board of
Education**

In-Person Home Visiting, Coordinated Intake, and Doula Checklists during COVID-19 Pandemic

June 14, 2022

Adapted with permission from the Early Intervention Training Program at the University of Illinois and the Bureau of Early Intervention

How to Stay Safe



Before the Visit

- Develop a written communication plan** to be shared with families in the event they or another family with whom they have had contact tests positive for COVID-19
- Develop a Waiver of Liability**, if necessary or desired
- Discuss the procedures you will follow** during in-person services with the families you will be visiting (see *Preparing Families for the Visit*)
- Screen for risk prior to entering the home** you will be visiting (see *Family Screening Risk Checklist*)
- It is recommended that mask be worn by staff and participates.** Please see [CDC guidance](#) on how to wear a mask and types of masks available.
- It is recommended that staff wear gloves and/or eye protection when COVID-19 Community levels are high**, if applicable (not required, but acceptable)
- Perform a daily health check on yourself** (see *Daily Health Checklist*)

During the Visit

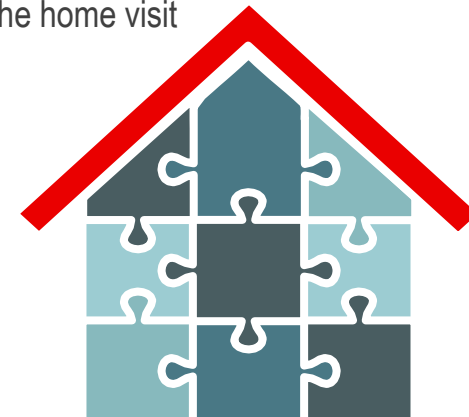
- Limit the number of family members present at session**
- Wash your hands upon entering** and encourage family member and child to wash hands
- Avoid handshakes, hugs, and physical contact**
- Avoid touching your face**
- Masks are recommended at all times** (children under age 2 should not wear face masks)
- [CDC COVID-19 by County](#) can help you stay aware of COVID rates throughout Illinois.
- Open doors and windows or use fans or air filters** (see other ways to improve ventilation from [CDC](#) and [EPA](#))
- Limit materials/toys brought into the home** and use materials/toys available within the home
- Limit the number of surfaces and objects touched**
- Put on and remove masks carefully** (see [Using Face Masks](#))
- Use Physical Distancing (6 feet)** as much as possible
- Visit with the family outdoors, when possible**

After the Visit


- Wash your hands upon exiting** and encourage family member and child to wash hands
- Please see CDC guidance for cleaning and disinfection recommendations** (see [CDC guidance](#))
- Remove masks carefully** (see [Using FaceMasks](#))
- Notify the family if you or someone you have been in contact with has tested positive for COVID-19**
- Encourage all family members to stay up to date with COVID-19 vaccinations as the most important measure to protect against COVID-19**

Preparing Families for the Visit

- Inform families of the procedures you will follow** before, during and after in-person services
- Inform families that you will be screening for risk prior to entering their home** (see *FamilyScreening Risk Checklist*)
- Notify families that IDHS-DEC Home Visiting is recommending that a mask be worn** by the family member(s) present for the session who are able to wear one
- Limit the number of family members present in immediate intervention session area**
- Develop a plan for families who are not comfortable with the agreed upon protocols for an in-person visits** (services may need to be provided via live video visits or telephone consultation)
- Ask families what additional safeguards they would like to discuss**
- Utilize the [COVID-19 by County map](#) from the CDC to stay informed of COVID rates throughout the State**
- Discuss the expectation that families must immediately notify the provider and/or service coordinator of the following:**
 - someone in their home tests positive for COVID-19 or is experiencing symptoms within 48 hours of the home visit
 - if the child/family has been in close contact (within 6 feet for greater than 15 minutes) with someone who tested positive for COVID-19.
 - Providers must notify the family if the provider tests positive for COVID-19 or is experiencing symptoms within 48 hours of the home visit
- Remind families of recommended safety precautions** (masks, hand washing, social distancing, etc.) during interactions with children and families.
- Inform families that you will be limiting materials and toys brought into the home** and will be relying on the materials and toys available within their environment.
- Provider staff should stay up to date on COVID-19 vaccinations as the best measure to protect against COVID-19



Daily Health Check Before Visiting Families



Is your temperature above or equal to 100.4°F?
You must be free of fever for at least 72 hours prior to visit. **YES**

Do you have cough, shortness of breath, or difficulty breathing (additional symptoms of COVID-19 can be found on the [CDC website](#))? **YES**

Do you have chills with shaking, muscle pain, headache, or sore throat? **YES**

Do you have diarrhea, vomiting, or new loss of taste or smell? **YES**

Have you or anyone your close to traveled in the last 2 weeks? See additional travel precautions [here](#). **YES**

Is anyone in your household or anyone you are in close contact with sick with COVID-19 or an unknown respiratory illness in the past 2 weeks? **YES**

**Call family to reschedule visit, alert your Supervisor, and seek medical consultation from a physician.*



Family Screening Risk Checklist

- YES** **Is your temperature above or equal to 100.4°F?**
You must be free of fever for at least 72 hours prior to visit without using a fever reducing medication.
- YES** **Do you have cough, shortness of breath, or difficulty breathing?**
- YES** **Do you have chills with shaking, muscle pain, headache, or sore throat?**
- YES** **Do you have diarrhea, vomiting, or new loss of taste or smell?**
- YES** **In the last 2 weeks, did you care for or have close contact with someone diagnosed with COVID-19?**
- YES** **In the last 2 weeks, has anyone in your household or anyone you are in close contact have any of the above symptoms?**
- YES** **In the last 2 weeks, have you or anyone in your home travelled outside of the state?**
Discuss the risk in more detail with the family. You may choose to do virtual visits in the next 14 days while they quarantine, or if the risk is minimal, you may decide to visit with additional precautions. See additional travel precautions [here](#).

***Reschedule visit, alert your Supervisor, and encourage family to seek medical consultation from a physician.** If they might have been exposed to COVID-19 or travelled outside the state in the last 2 weeks, consider sharing [CDC resource "Quarantine if You Might Be Sick"](#).

